

# Tweaking the Dark Matter Abundance with Cosmology

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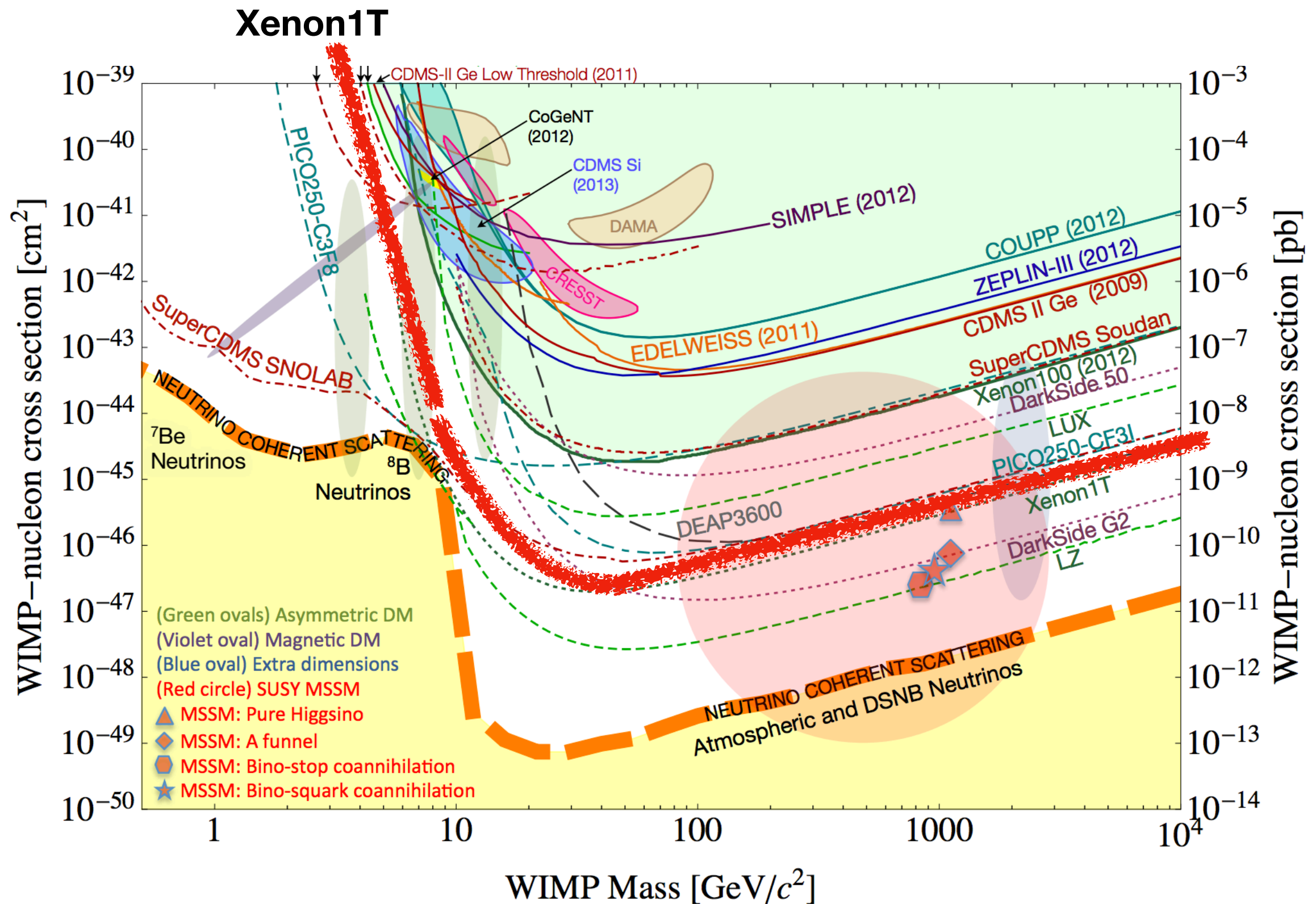
# Outline

1. Diluting Dark Matter
2. Freeze-out During Matter Domination
3. Dark Matter Freeze-in
4. Freeze-in & Non-Standard Cosmology

# I. Diluting Dark Matter

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# Current Bounds



# Cosmological Impact

**After dark matter is frozen out** its number does not change from interactions.

$$\Omega_{\text{DM}} \propto m_{\text{DM}} Y_{\text{DM}} \propto m_{\text{DM}} \frac{n_{\text{DM}}}{s}$$

However, **decaying particles**  $\chi$  can heat SM bath, & **dilute**  $Y_{\text{DM}}$  since  $s \propto T^3$ .

$$\Omega_{\text{DM}} \propto \zeta m_{\text{DM}} Y_{\text{FO}}$$

**Dilution factor**  $\zeta$  from temperature after decays  $T_{\text{after}}$  compared to without decays.

$\chi$  decay heats the bath, to  $T_{\text{RH}} \simeq \sqrt{M_{\text{Pl}} \Gamma_{\chi}}$ , any **frozen-out species diluted:**

$$\zeta = \left( \frac{T_{\text{without}}}{T_{\text{after}}} \right)^3 \sim 10^{-10} \left( \frac{T_{\text{RH}}}{10 \text{ MeV}} \right) \left( \frac{10^8 \text{ GeV}}{m_{\chi}} \right)$$

Because of dilution, correct relic density for **weaker interactions with SM.**

Giudice, Kolb, and Riotto, PRD 64 (2001) 023508

Profumo & Ullio [hep-ph/0309220].

Gelmini & Gondolo [hep-ph/0602230]

⋮

Randall, Scholtz & JU [1509.08477]

Berlin, Hooper & Krnjaic [1602.08490]

Bernal, Cosme & Tenkanen [1803.08064]

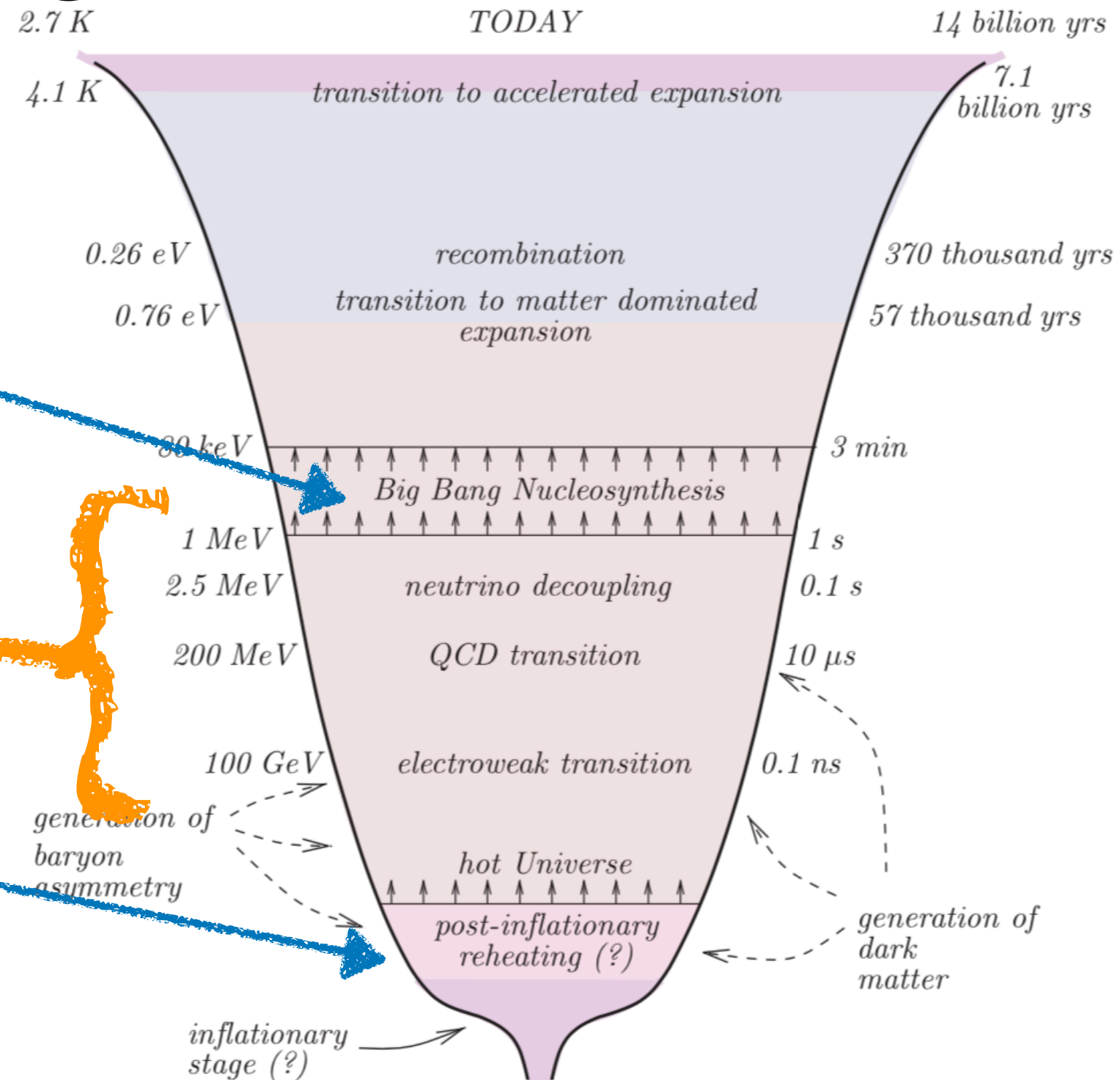
⋮

# Cosmological Impact

Earliest cosmological evidence  
(known to be radiation dominated)

Non-Standard Model  
cosmological events?

End of Inflation  
(start of radiation domination?)



# Changes to the Expansion Rate

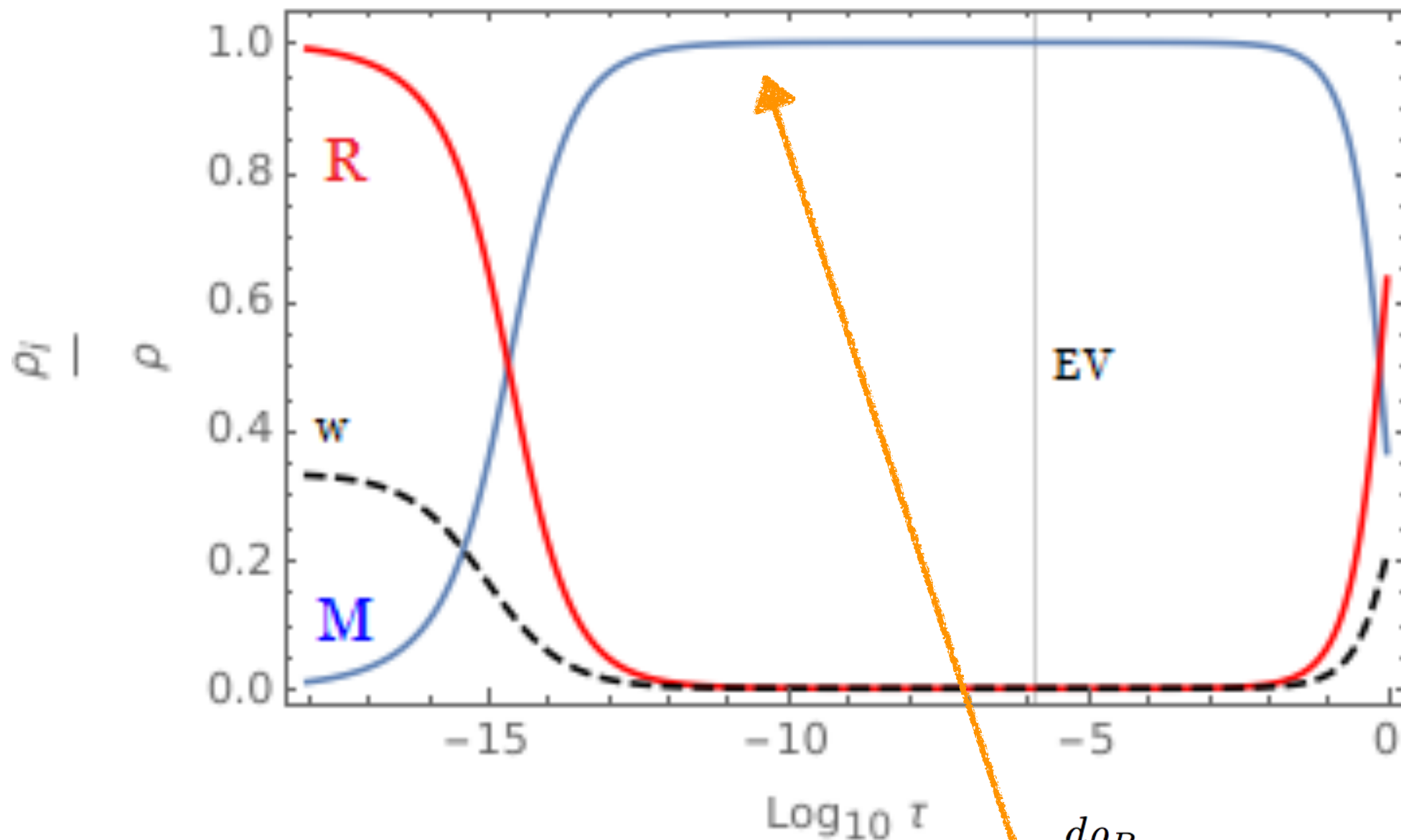
Notable, expansion rate  $H$  depends critically on cosmology:

$$H \propto \begin{cases} T^2 & \text{During radiation domination} \\ T^4 & \text{During particle decays (heating)} \\ & \text{Scherrer \& Turner Phys.Rev. D31 (1985) 681} \\ & \text{Giudice, Kolb, and Riotto, PRD 64 (2001) 023508} \\ T^{3/2} & \text{During matter domination} \\ & \text{Hamdan \& JU [1710.03758]} \\ & \text{Also (in passing): Kamionkowski \& Turner PRD 42 (1990) 3310} \end{cases}$$

Recall  $T_{\text{FO}}$  is defined  $\Gamma(T_{\text{FO}}) = H(T_{\text{FO}})$ , changing  $H$  impacts final  $Y_{\text{DM}}$ .



# Decays vs Matter Domination



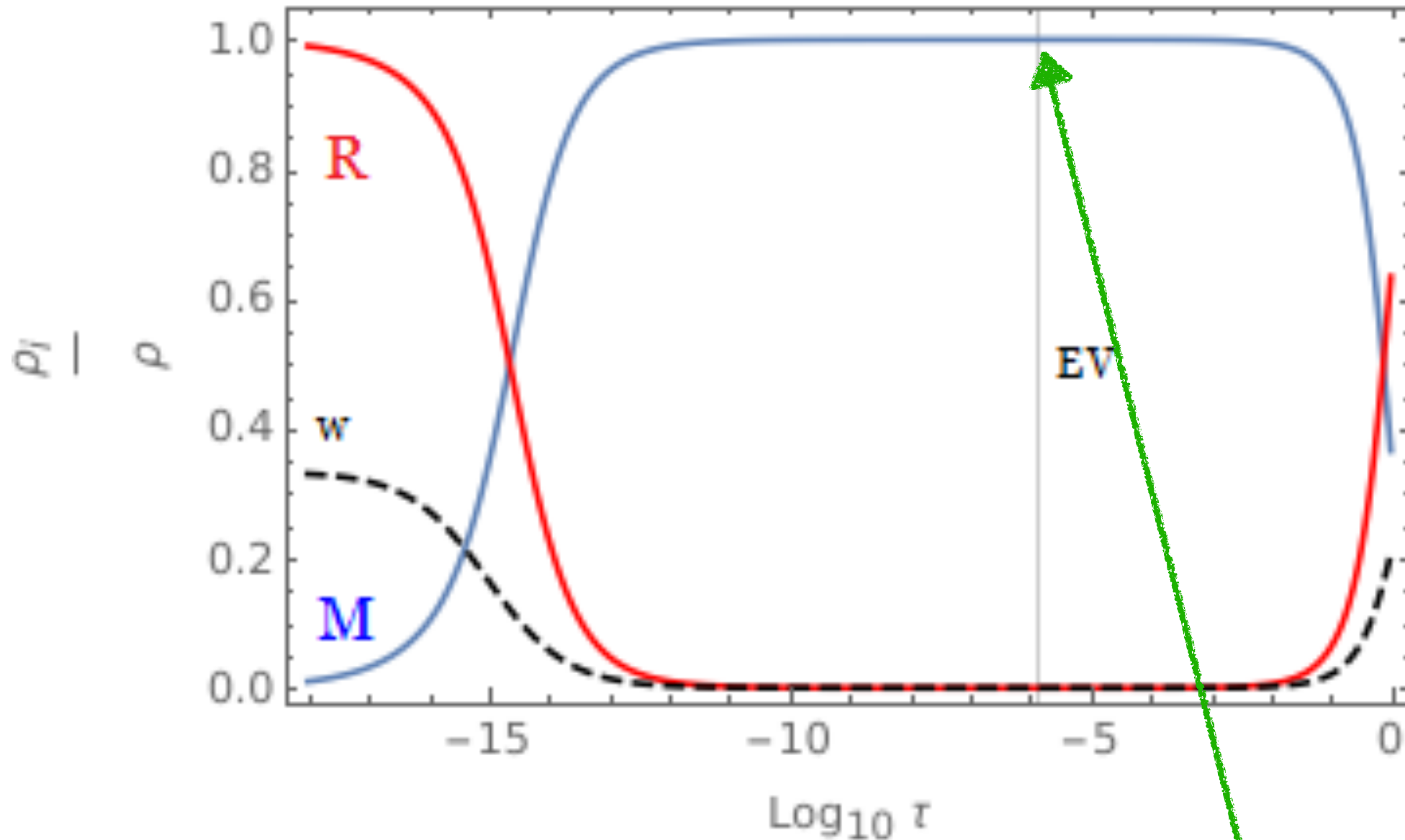
**Matter Domination:**

$$\frac{d\rho_R}{dt} = -4H\rho_R + \langle\sigma v\rangle 2\langle E_X\rangle \left[ n_X^2 - (n_X^{eq})^2 \right]$$

$$\frac{dn_X}{dt} = -3Hn_X - \langle\sigma v\rangle \left[ n_X^2 - (n_X^{eq})^2 \right] .$$

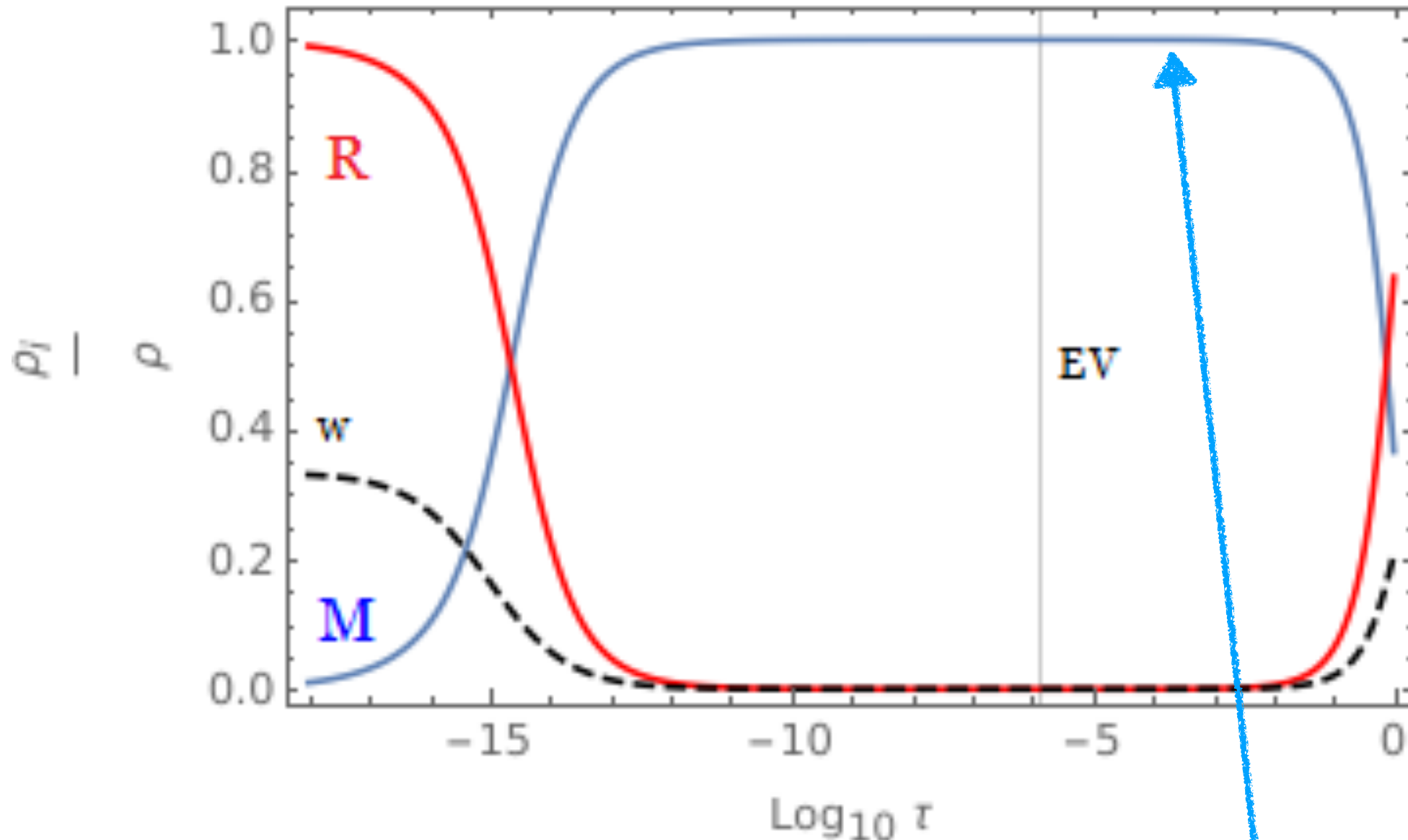


# Decays vs Matter Domination



Point of non-negligible  
entropy production in bath.

# Decays vs Matter Domination



**Decay Regime:**

$$\frac{d\rho_R}{dt} = -4H\rho_R + \Gamma_\phi \rho_\phi + \langle\sigma v\rangle 2\langle E_X \rangle \left[ n_X^2 - (n_X^{eq})^2 \right]$$

$$\frac{dn_X}{dt} = -3Hn_X - \langle\sigma v\rangle \left[ n_X^2 - (n_X^{eq})^2 \right] .$$

Giudice, Kolb, & Riotto, PRD 64 (2001) 023508

# II. Freeze-out During Matter Domination

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# Changes to the Expansion Rate

Notable, expansion rate  $H$  depends critically on cosmology:

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Recall  $T_{\text{FO}}$  is defined  $\Gamma(T_{\text{FO}}) = H(T_{\text{FO}})$ , changing  $H$  impacts final  $Y_{\text{DM}}$ .

# Matter Dominated Freeze-out

One can **emulate** the standard Boltzmann treatment

$$\dot{n}_X + 3Hn_X = -\langle\sigma v\rangle[n_X^2 - (n_X^{\text{eq}})^2]$$

but with different form for  $H$

$$H \simeq H_\star \left(\frac{g_\star(T)}{g_\star(T_\star)}\right)^{3/8} \left(\frac{T}{T_\star}\right)^{3/2} \left[(1-r) + r\left(\frac{T}{T_\star}\right)\right]^{1/2} \text{ for } r = \begin{cases} 1 & \text{RD} \\ 0 & \text{MD} \end{cases}$$

Where  $T_\star$  is temperature  $\chi$  becomes matter-like and  $H_\star \equiv H(T_\star)$

## Radiation dominated freeze-out

$$T_{\text{FO}}^{\text{RD}} \simeq \frac{m_{\text{DM}}}{\ln [m_{\text{DM}} M_{\text{Pl}} \sigma_0]}$$

$$Y_{\text{FO}}^{\text{RD}} = 3 \sqrt{\frac{5}{\pi}} \frac{\sqrt{g_\star} (n+1) x_F^{n+1}}{g_{\star S} M_{\text{Pl}} m_{\text{DM}} \sigma_0}$$

Scherrer and Turner, PRD 33 (1986) 1585

## Matter dominated freeze-out

$$T_{\text{FO}}^{\text{MD}} \simeq \frac{m_{\text{DM}}}{\ln [m_{\text{DM}}^{3/2} M_{\text{Pl}} \sigma_0 / \sqrt{T_\star}]}$$

$$Y_{\text{FO}}^{\text{MD}} = 3 \sqrt{\frac{5}{\pi}} \frac{\sqrt{g_\star} (n+3/2) x_F^{n+3/2}}{g_{\star S} M_{\text{Pl}} m_X \sigma_0 \sqrt{x_\star}}$$

Hamdan & JU [1710.03758]

# Matter Dominated Freeze-out

$Y_{\text{DM}}$  in matter dominated FO **different to radiation dominated** case.

Radiation domination restored after freeze-out as **“matter” decays** to SM.

Required because **observations imply** radiation domination prior to current epoch.

This **leads to dilution**  $\zeta$  of the dark matter abundance:

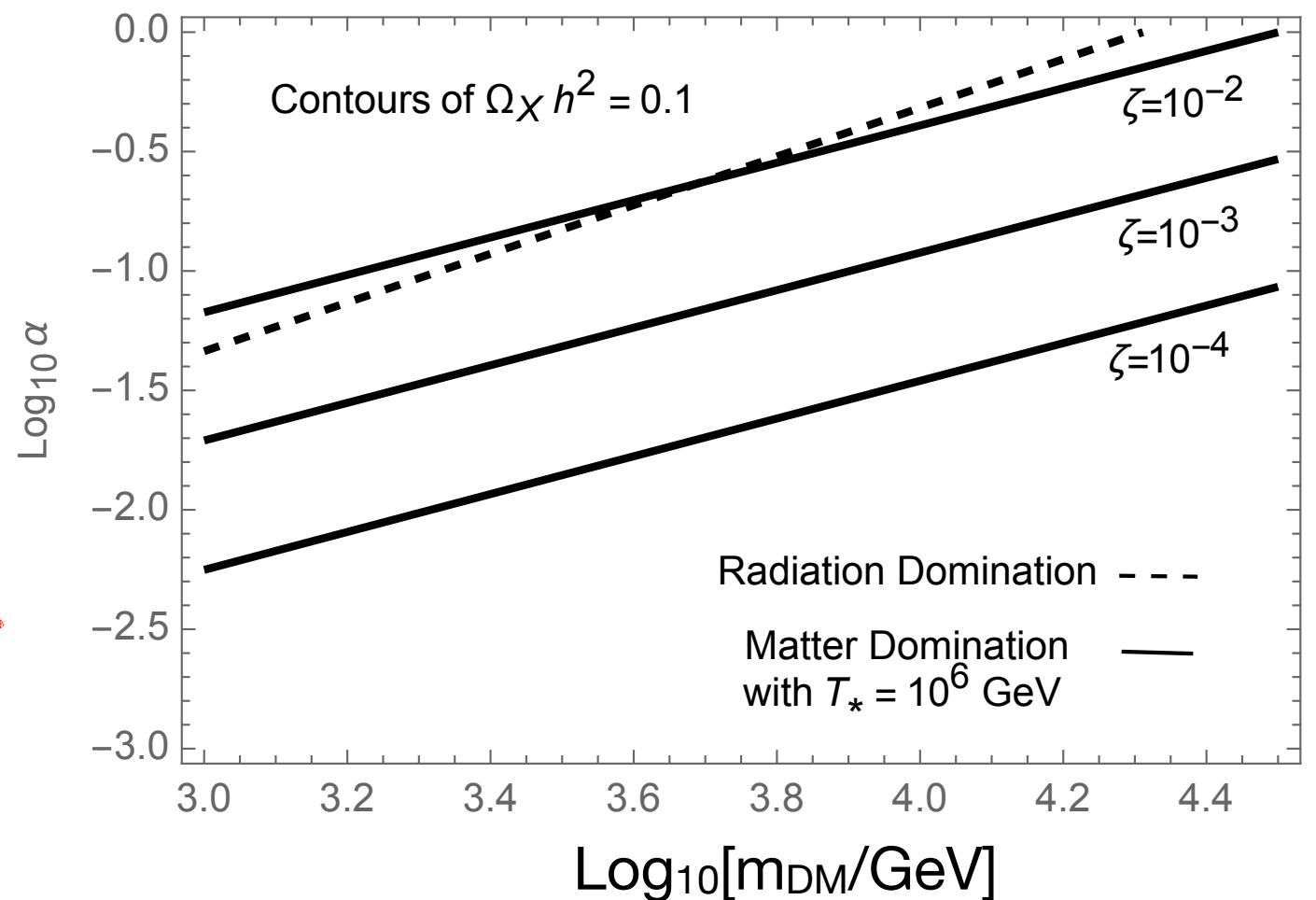
$$\Omega_{\text{DM}} = \zeta \times \frac{s_0 m_X Y_{\text{FO}}}{\rho_c}$$

More dilution  
implies smaller  
couplings



**Weakening search limits**

compared to radiation dominated FO.



Hamdan & JU [1710.03758]

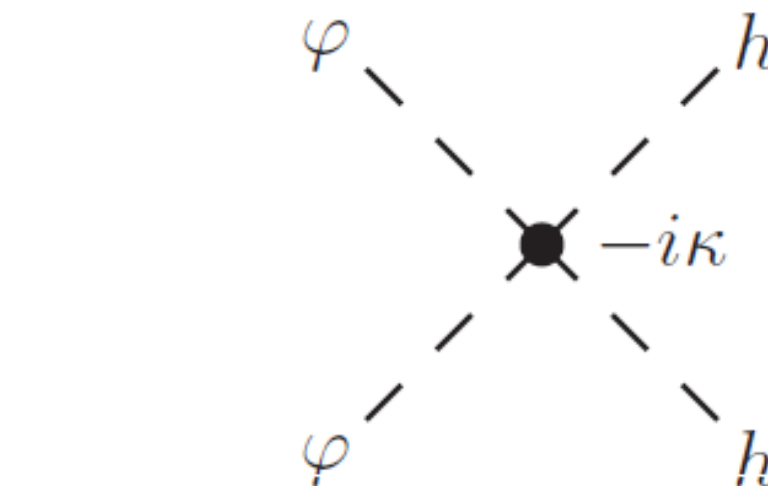
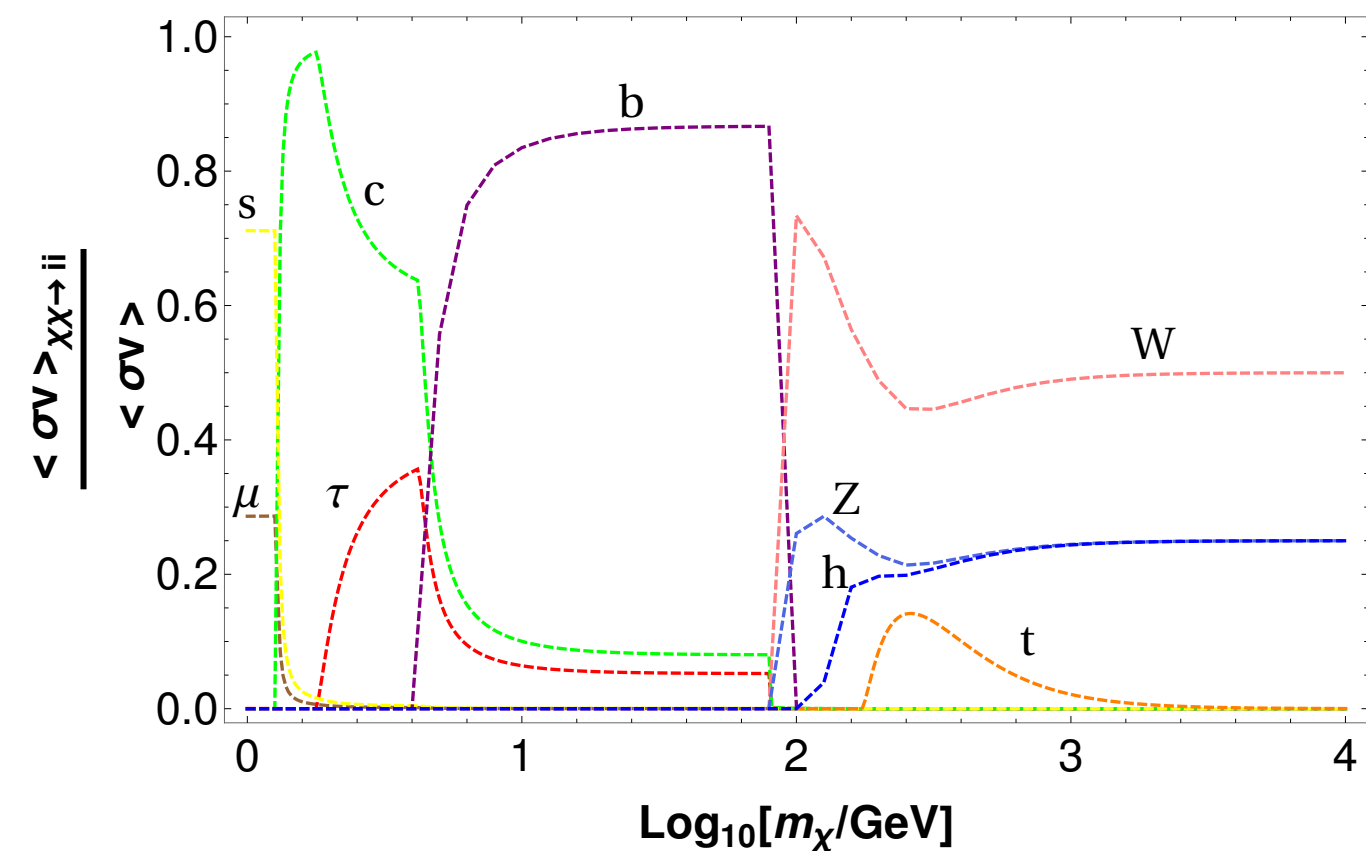
# Matter Dominated Freeze-out

For DM freeze-out **during matter domination**,  
whilst avoiding cosmological constraints:

- a). Universe **matter dominated** during freeze-out
- b). Matter domination ends after dark matter freeze-out
- c). Reheat temperature above few MeV for **BBN**
- d).  $\phi$  **decays negligible** during dark matter freeze-out  
o.w./ similar to Giudice, Kolb, and Riotto, PRD 64 (2001) 023508
- e). **Cold** dark matter:  $x_f > 3$



# Application: Scalar Higgs Portal

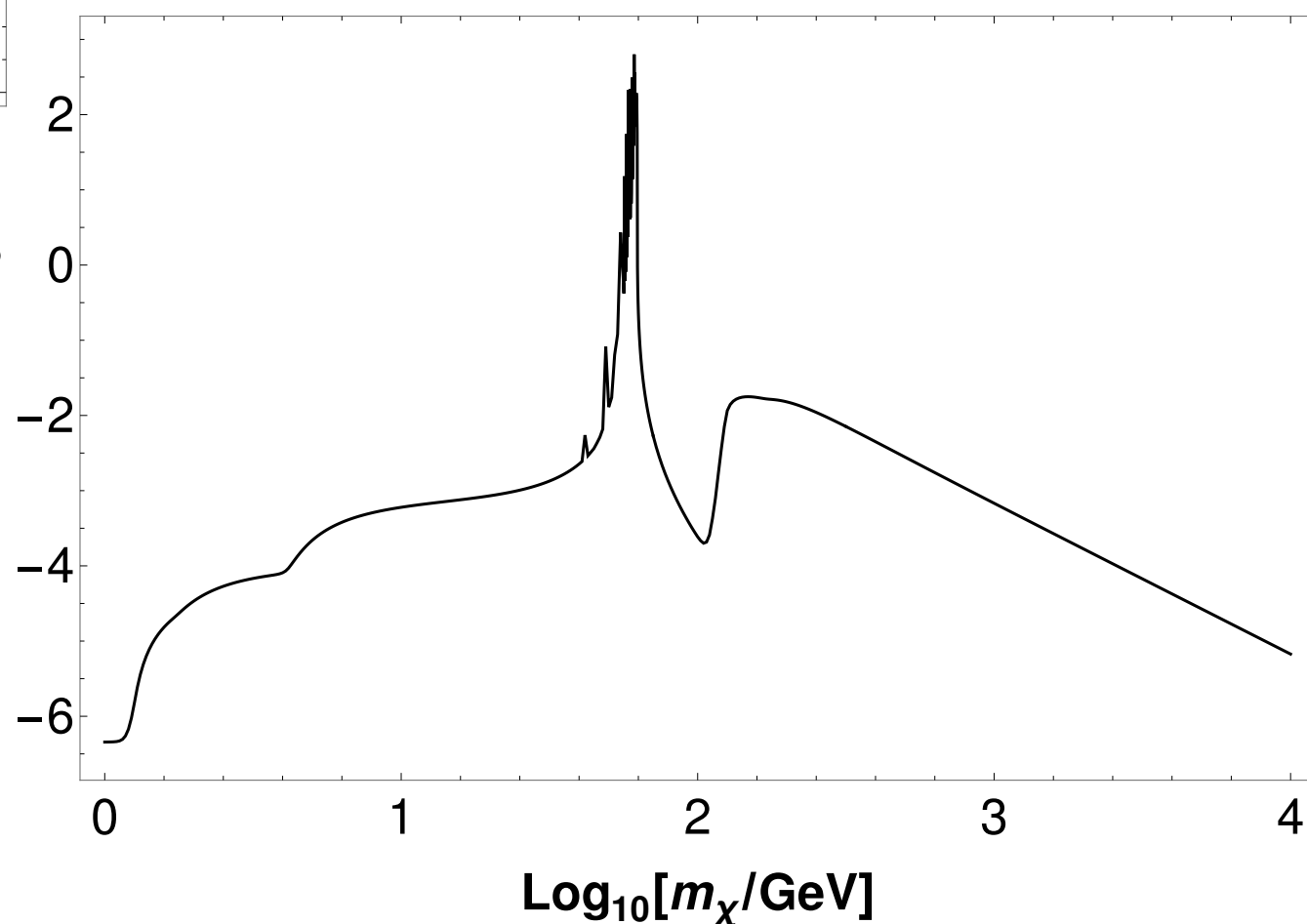


## Annihilation cross section

units of thermal relic cross section.

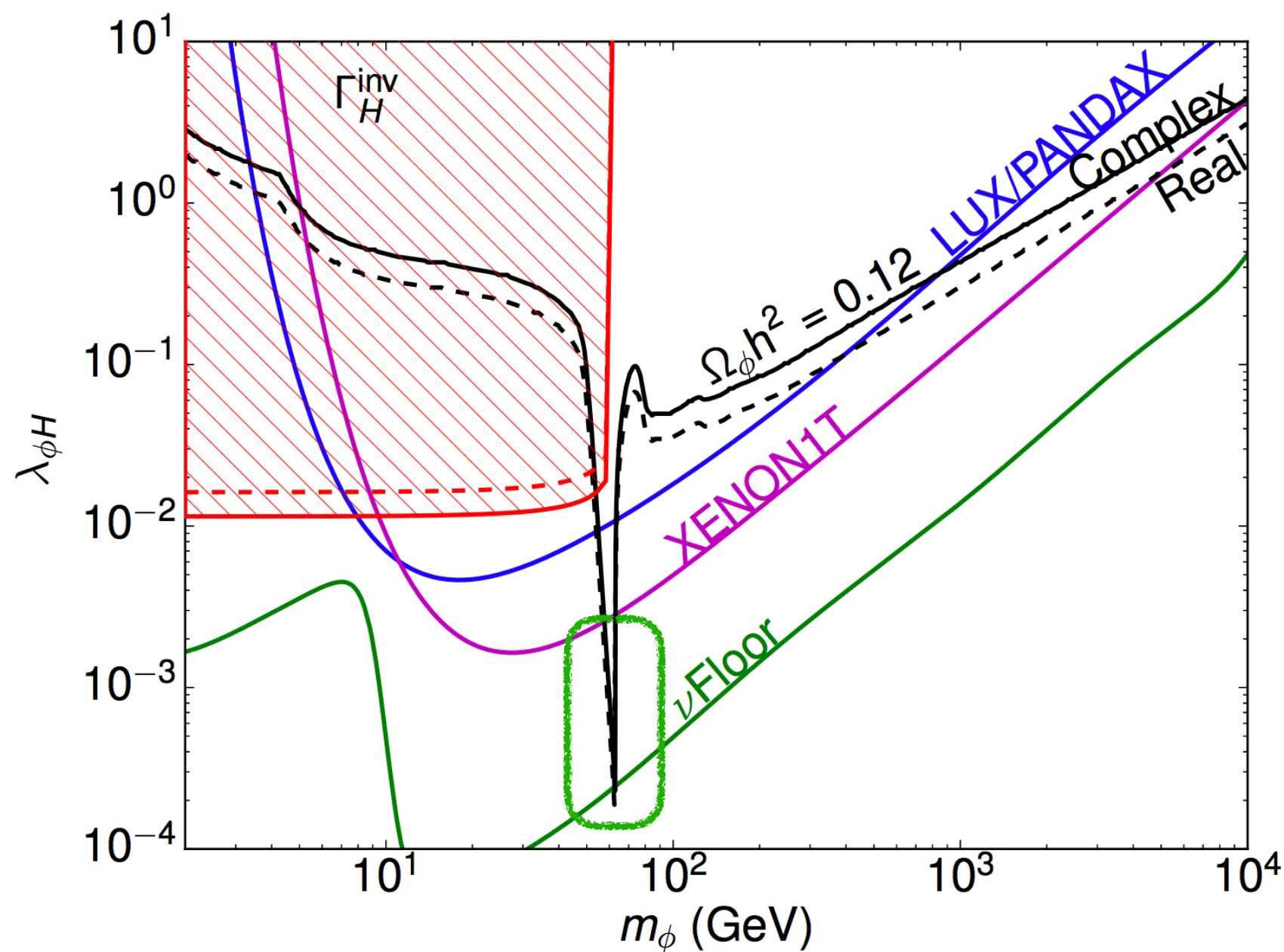
$$\langle \sigma v \rangle_0 = 3 \times 10^{-26} \text{cm}^3/\text{s}$$

$\frac{\langle \sigma v \rangle}{\langle \sigma v \rangle_0}$   
 $\text{Log}_{10}$



Classic Ref: Cline, Kainulainen, Scott, Weniger [1306.4710]

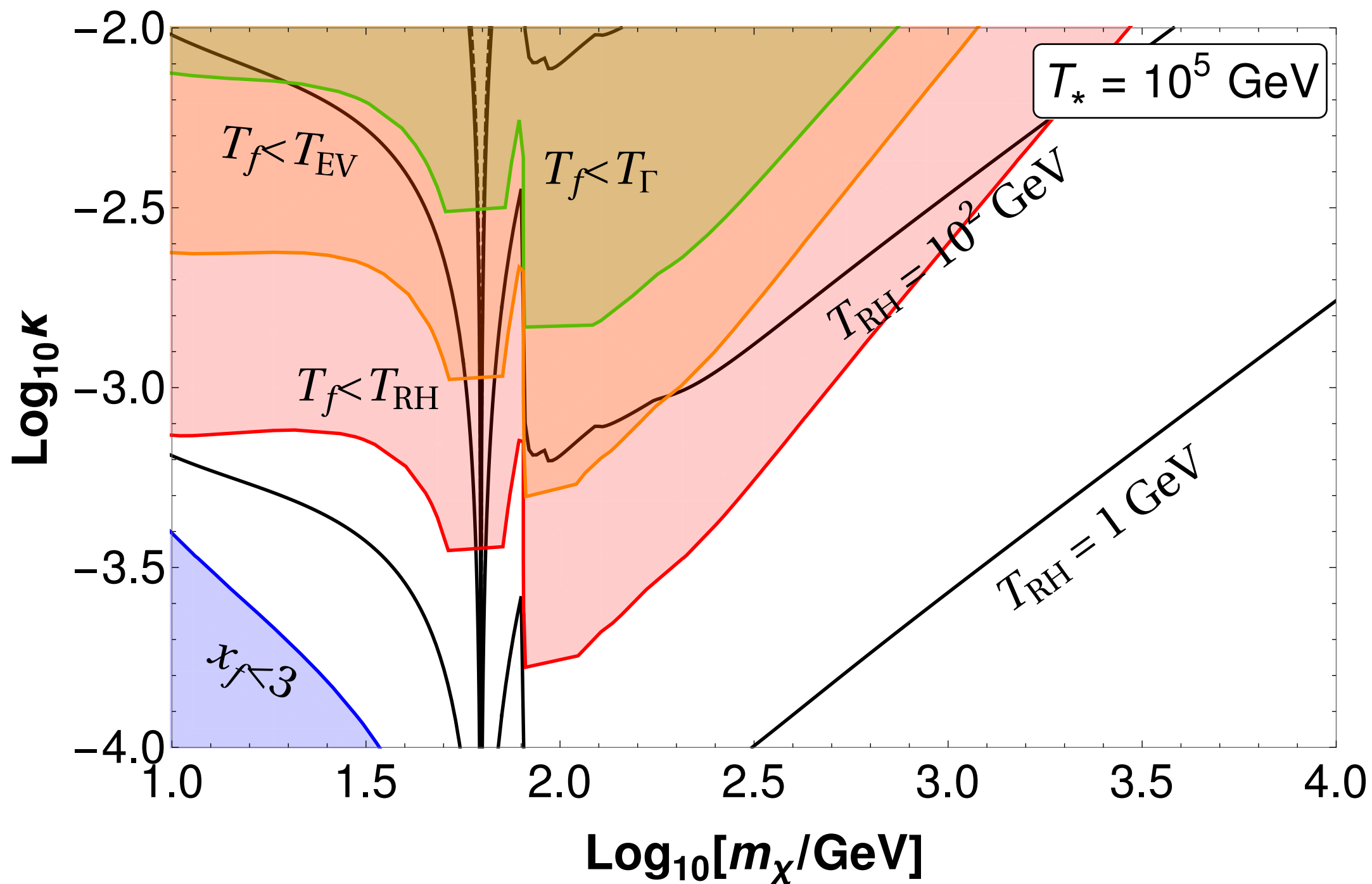
# Application: Scalar Higgs Portal



Scalar Higgs Portal assuming Standard Cosmology is **experimentally excluded** away from region of resonant annihilation via the Higgs.

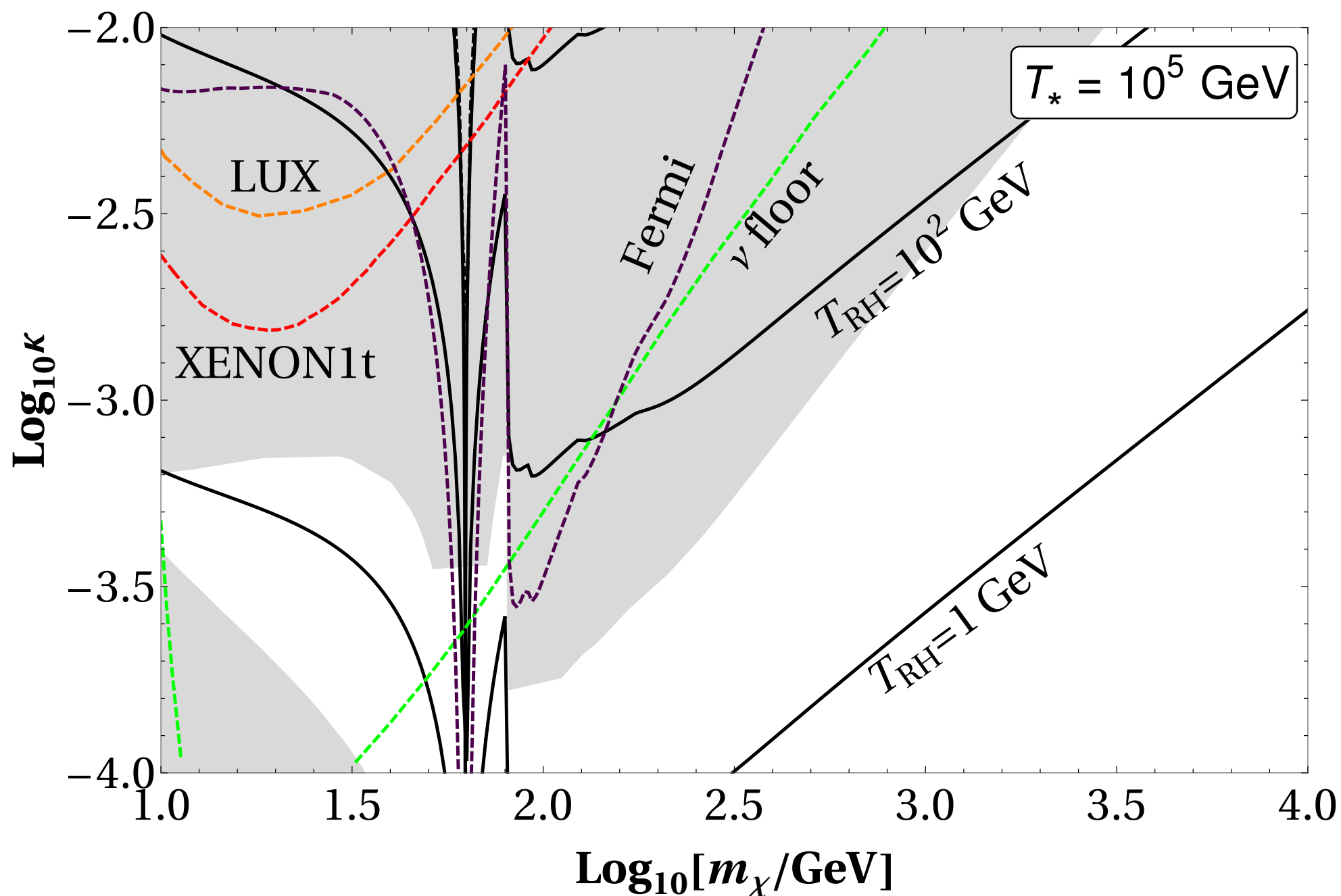
Escudero-Berlin-Hooper-Lin [1609.09079]

# MDFO via Scalar Higgs Portal



Hamdan, Thesis 2018 & Chanda, Hamdan, & JU [1910.02616]

# MDFO via Scalar Higgs Portal



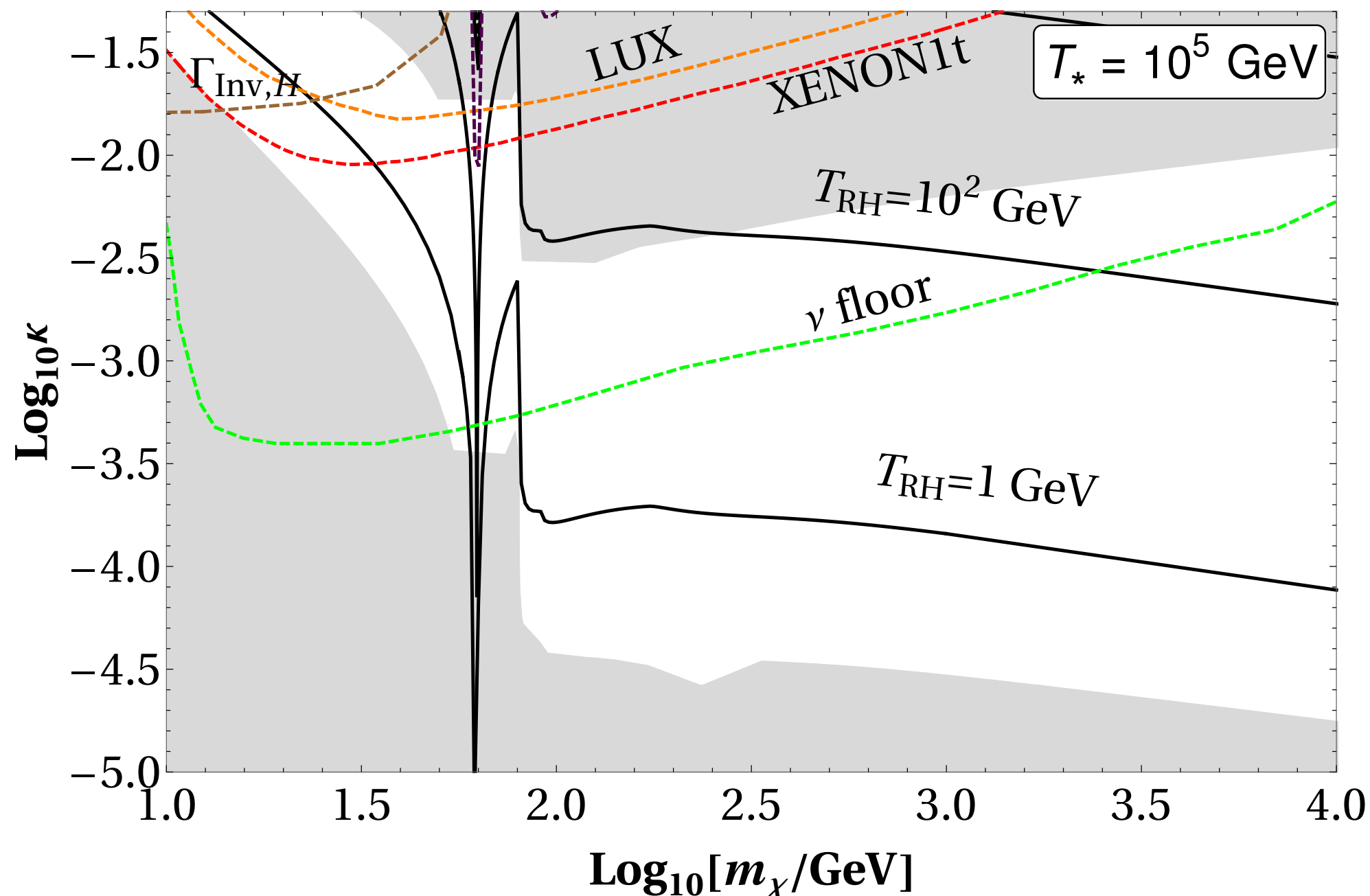
In MDFO classic **Higgs Portal revived** as a viable model.

Hamdan, Thesis 2018 & Chanda-Hamdan-JU [1910.today]

See also: Bernal, Cosme & Tenkanen [1803.08064], Hardy [1804.06783]

# MDFO via Fermion Higgs Portal

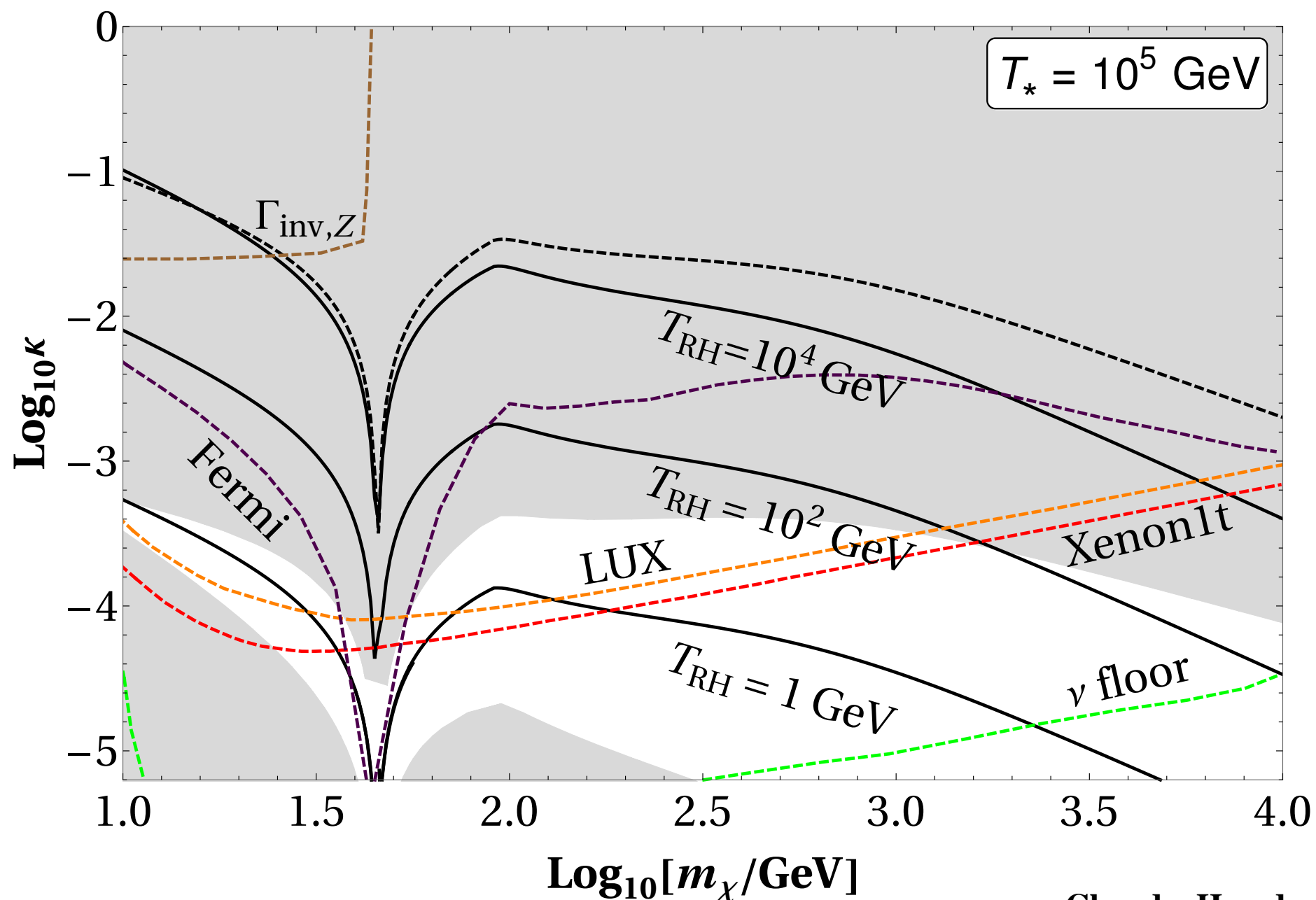
$$\mathcal{L} \supset \frac{1}{\Lambda} H^\dagger H \bar{\chi} \chi \quad \text{define an effective coupling } \kappa = v_0/\Lambda$$



Chanda, Hamdan, & JU [1911.02616]

# MDFO via Z Portal

$$\mathcal{L} \supset \frac{g}{4 \cos \theta_W} (\bar{\chi} \gamma^\mu (V_\chi - A_\chi \gamma^5) \chi Z_\mu) \quad \text{define} \quad \kappa := V_\chi = A_\chi$$



Chanda, Hamdan, & JU [1911.02616]

# Beyond Matter and Radiation Domination

If the early universe is dominated by field evolving as:

$$\rho_\phi(t) = \rho_\phi(t_I) a^{-(4+m)}$$

The **equation of state** for  $\phi$  is  $\omega = \frac{p_\phi}{\rho_\phi} = \frac{m+1}{3}$

For  $m = -1$  implies  $\omega=0$  and **recovers matter dominated** early universe.

$\omega$  different to zero implies **expansion rate**  $H \propto T^{2+m/2}$  can impact DM evolution.

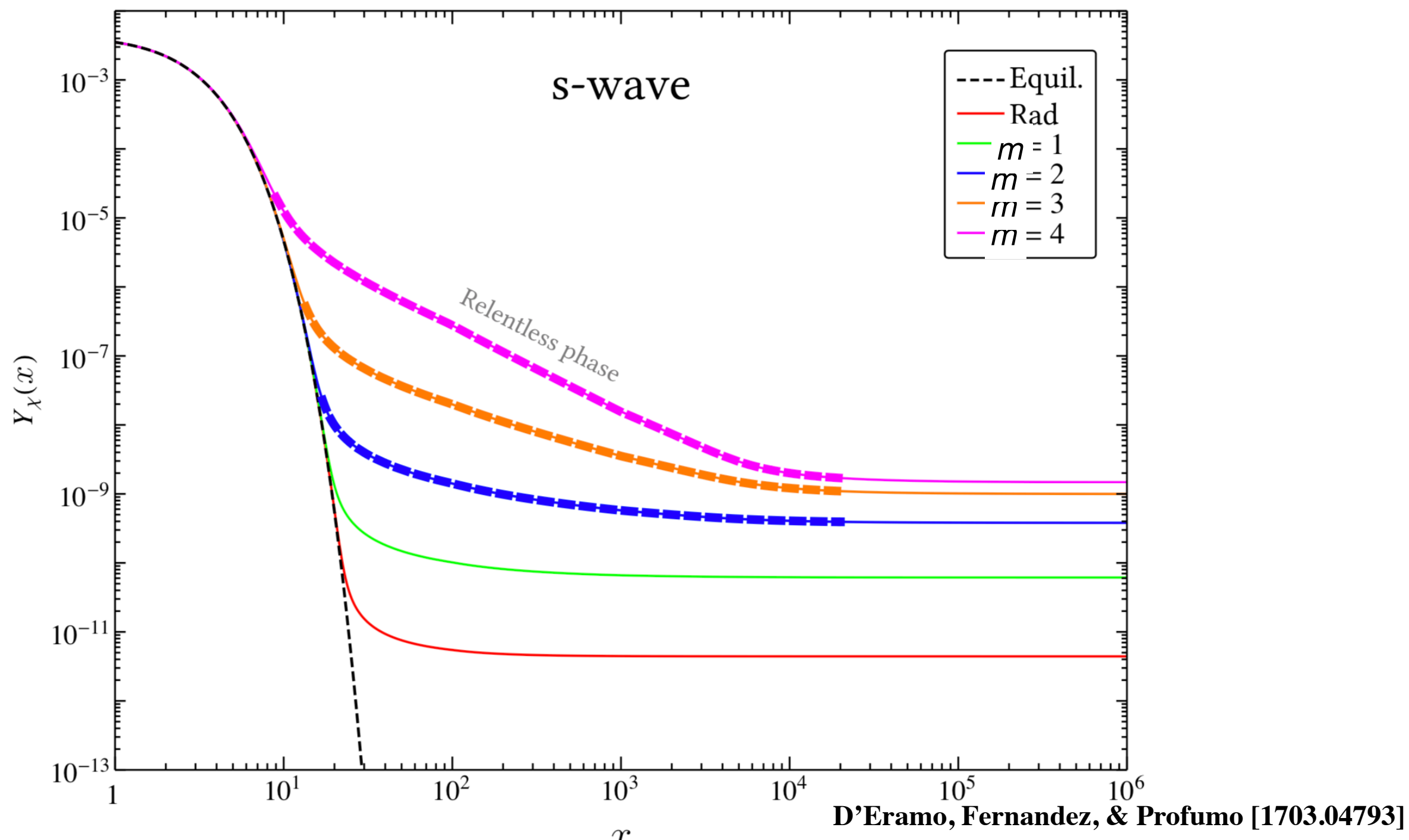
If  $m>0$  (i.e.  $\omega>1$ ) the field will **redshift faster** than radiation - no need for  $\phi$  decays.

Scenario can arise from scalar with potential  $V(\phi) = \frac{4-2n}{(4+m)^2 t_I^2} \exp\left[(\phi(t_I) - \phi)\sqrt{m+4}\right]$ .



# Beyond Matter and Radiation Domination

Impact on the dark matter relic density for **FO while**  $H \propto T^{2+m/2}$

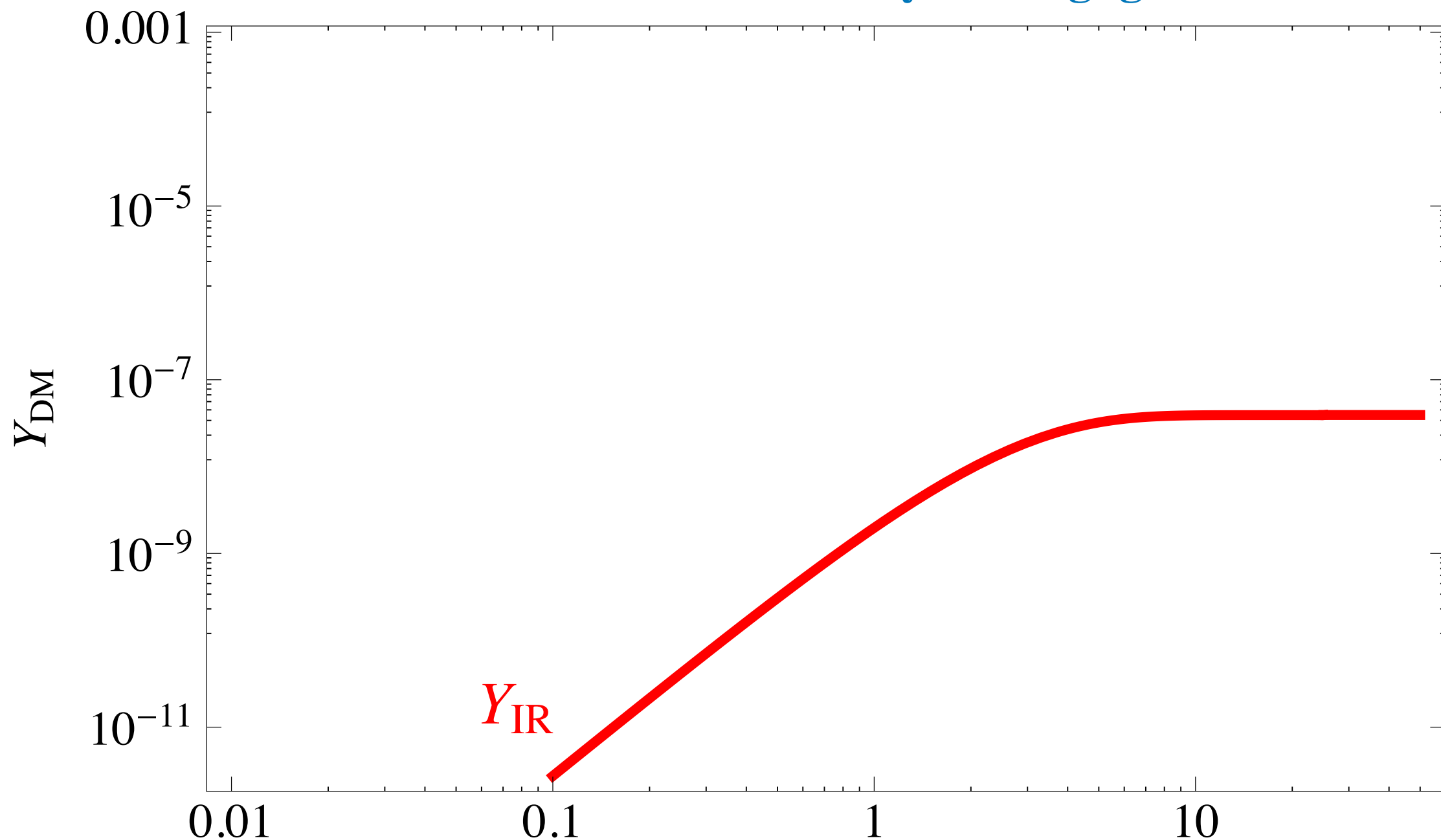


# III. Dark Matter Freeze-in

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# Freeze-in

Freeze-in assumes dark matter **initially has negligible abundance.**

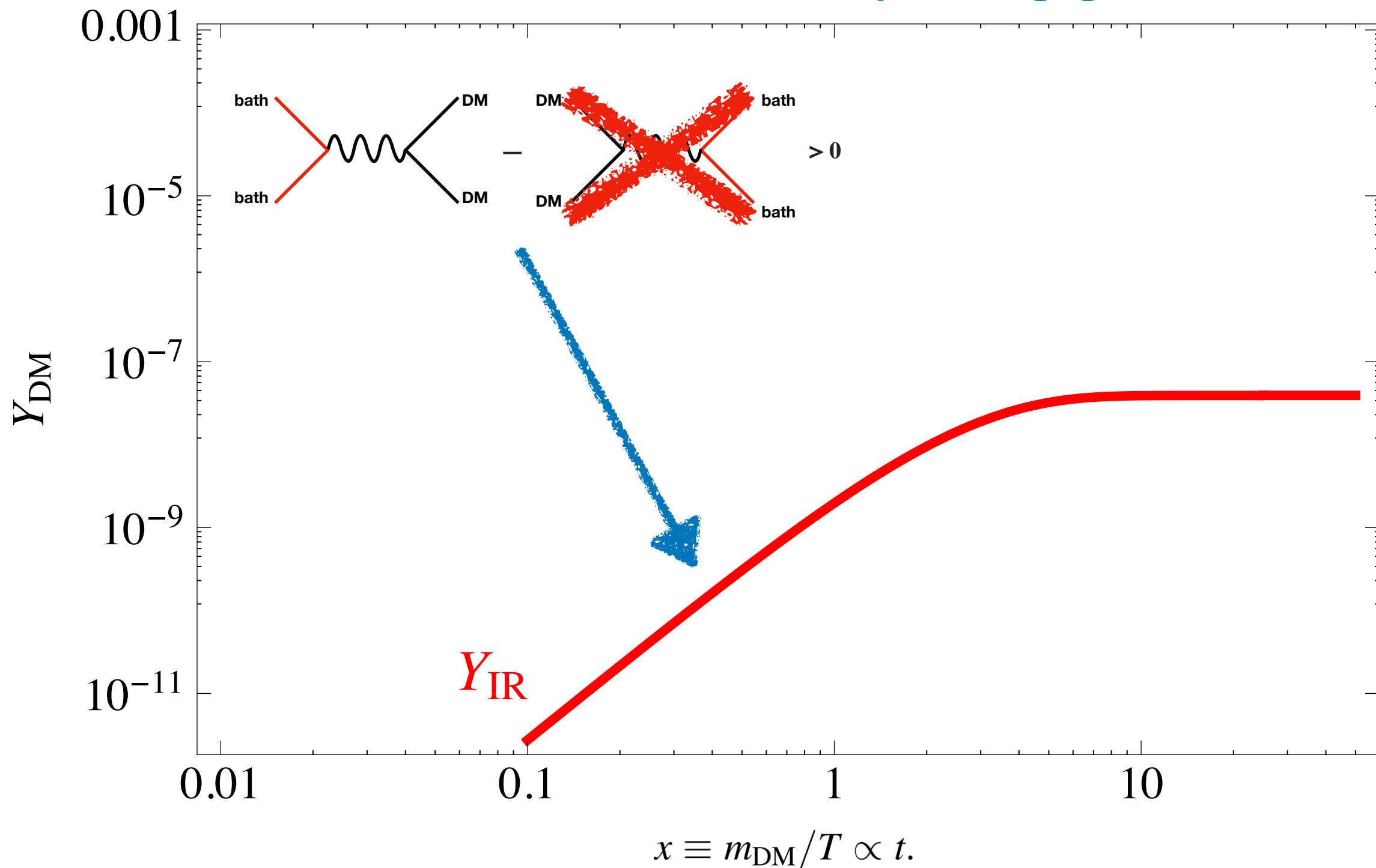


$$x \equiv m_{\text{DM}}/T \propto t.$$

Hall, Jedamzik, March-Russell, West [0911.1120]

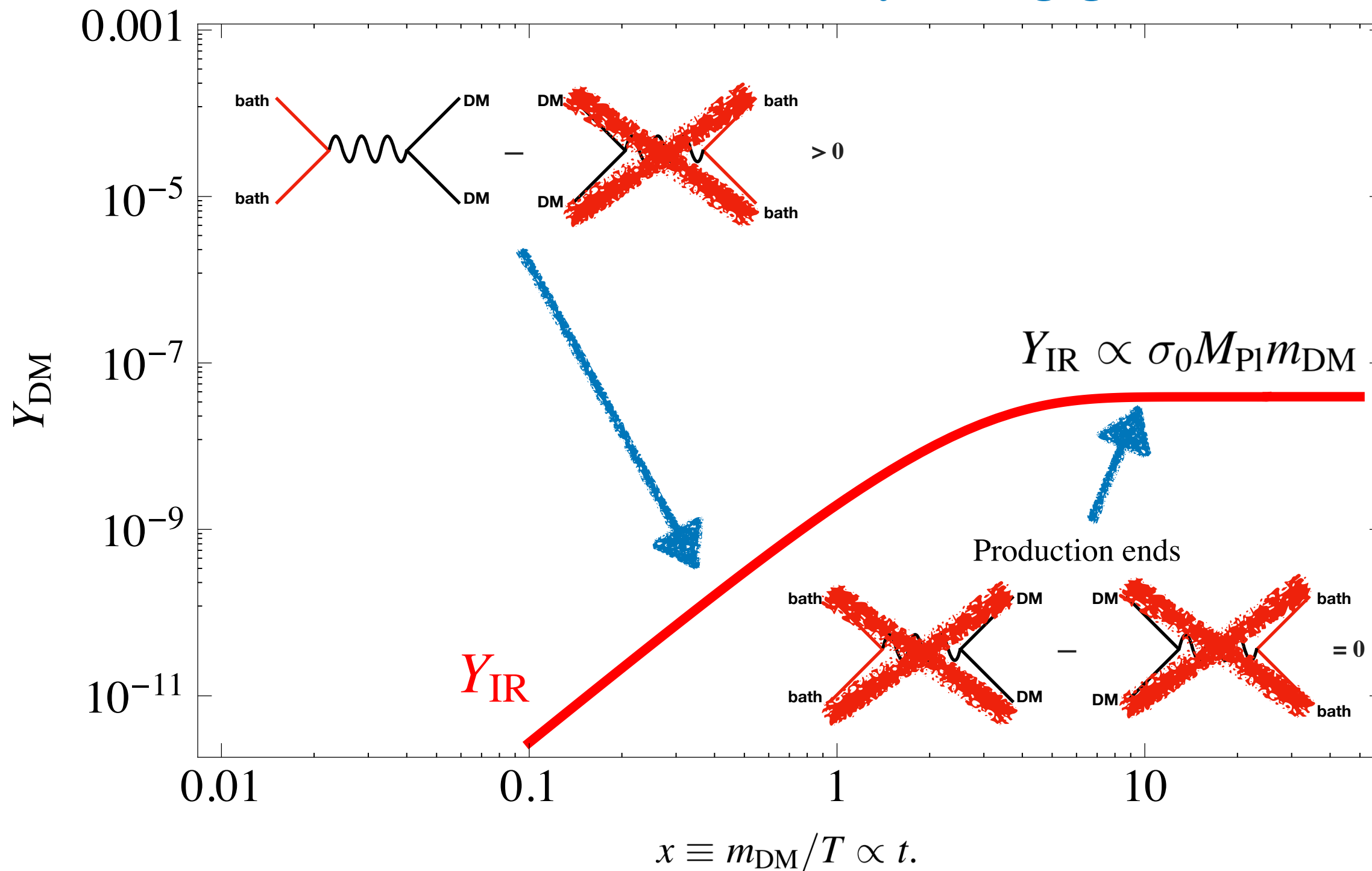
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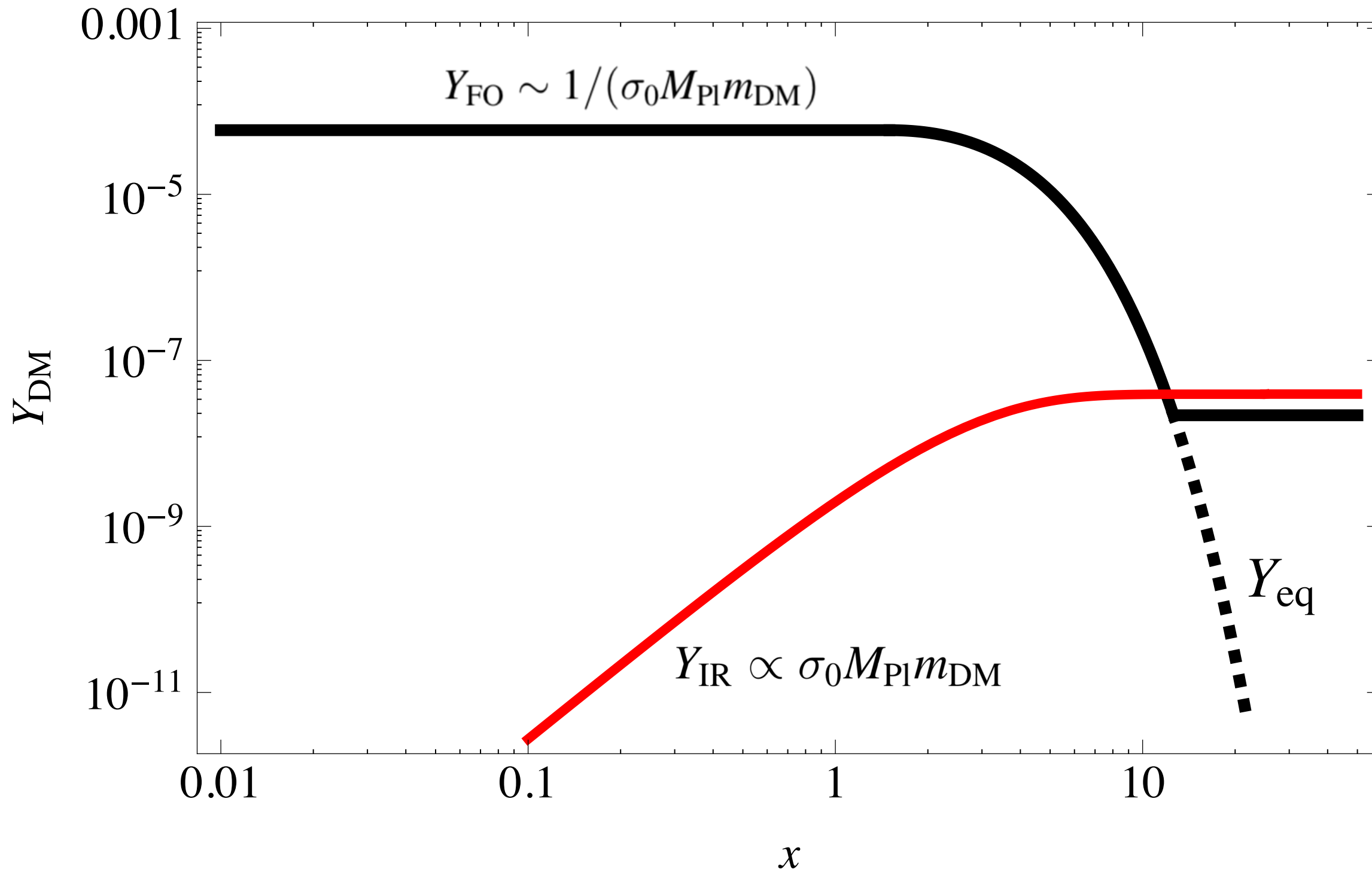


# Freeze-in

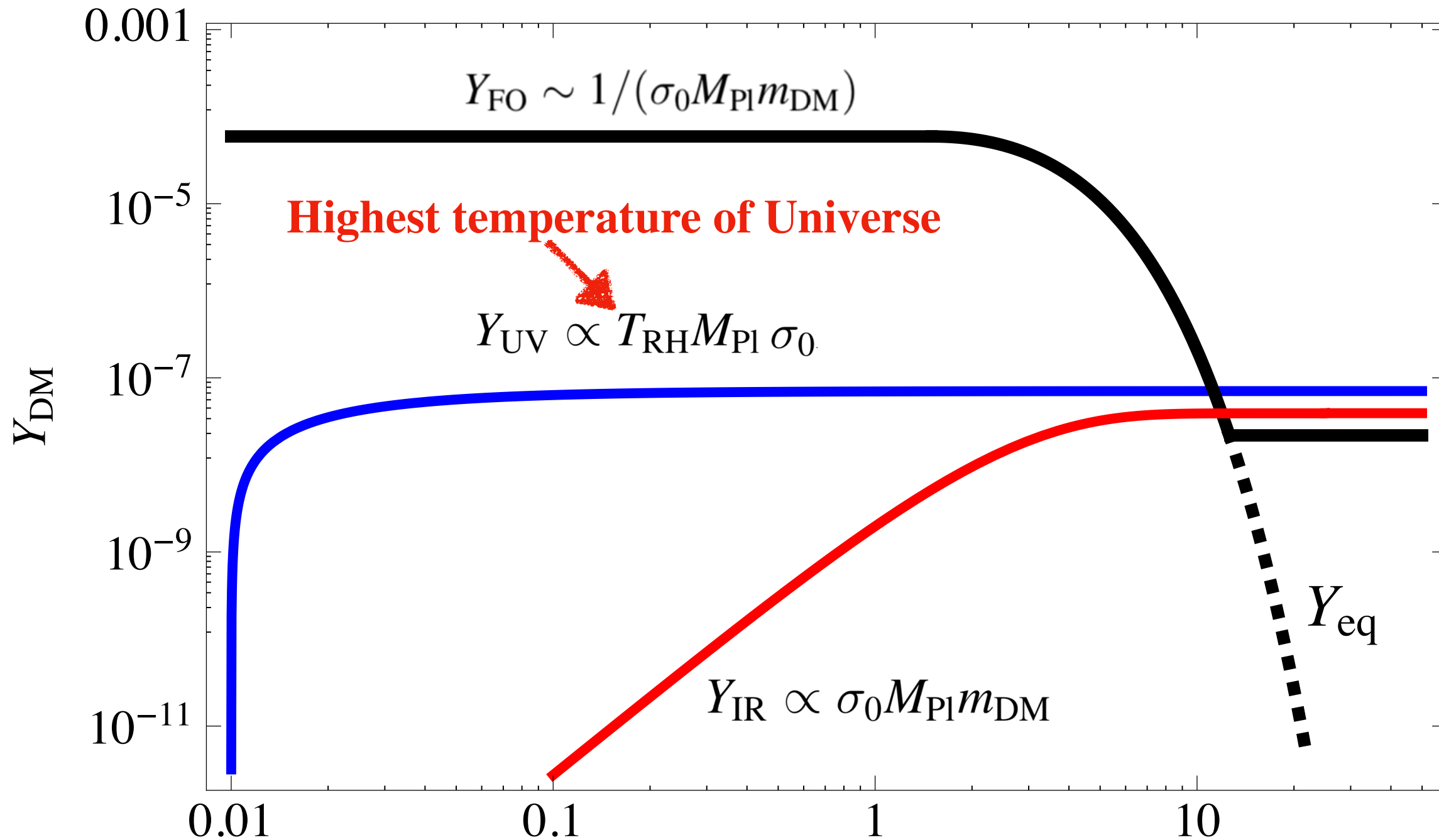
Freeze-in assumes dark matter **initially has negligible abundance.**



# Freeze-in vs Freeze-out



# Freeze-in vs Freeze-out



Parameter **depends very different** in Freeze-out, IR Freeze-in & UV Freeze-in.

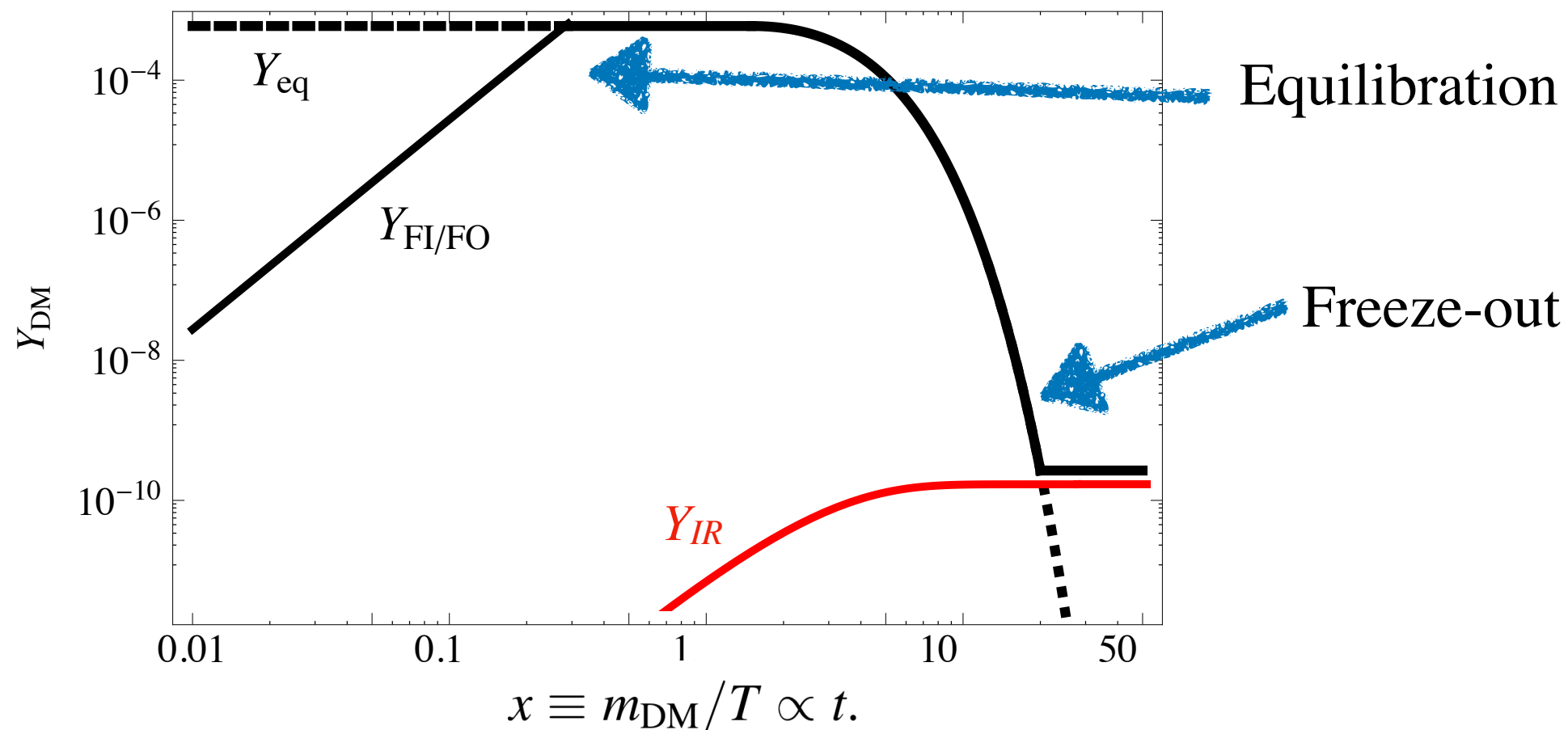
Hall, Jedamzik, March-Russell, West [0911.1120]

Elahi, Kolda & JU [1410.6157]



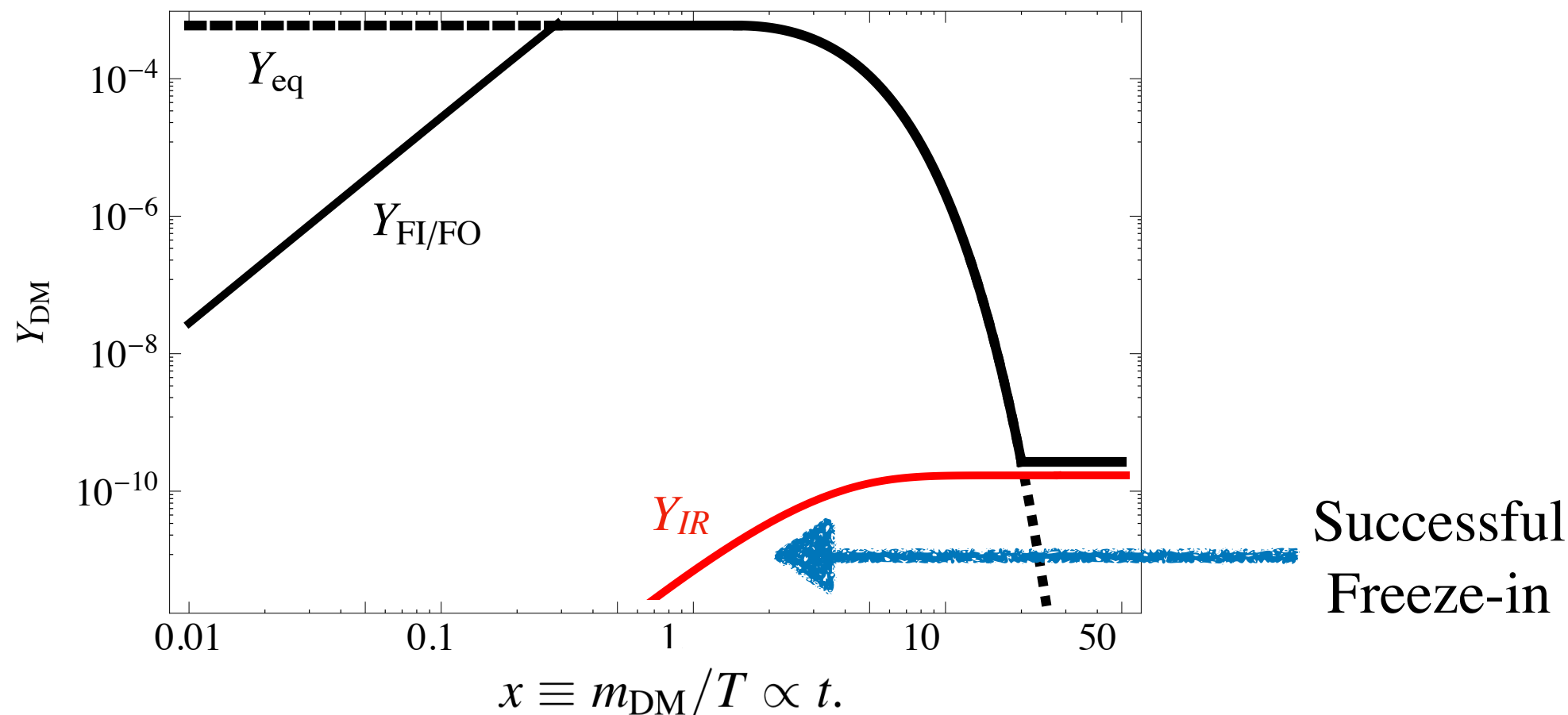
# Equilibration and FIMPS

If energy exchange is too large, **risk dark matter equilibration** with thermal bath.



# Equilibration and FIMPS

If energy exchange is too large, **risk dark matter equilibration** with thermal bath.



For IR Freeze-in with GeV DM this require couplings:  $\lambda \lesssim 10^{-7}$ .

Avoiding equilibration requires very 'feeble' couplings: **FIMP Dark Matter**.

Requires dedicated experiments for light dark matter or long lived states.

# IV. UV Freeze-in & Non-Standard Cosmology

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# Enhancements during UV Freeze-in

**UV freeze-in:** The production cross section of DM from thermal bath is:

$$\langle \sigma v \rangle \sim \frac{T^n}{\Lambda^{2+n}}$$

Corresponding to Freeze-in operator of **mass dimension**  $5 + n/2$ .

The **DM abundance** is expected to be

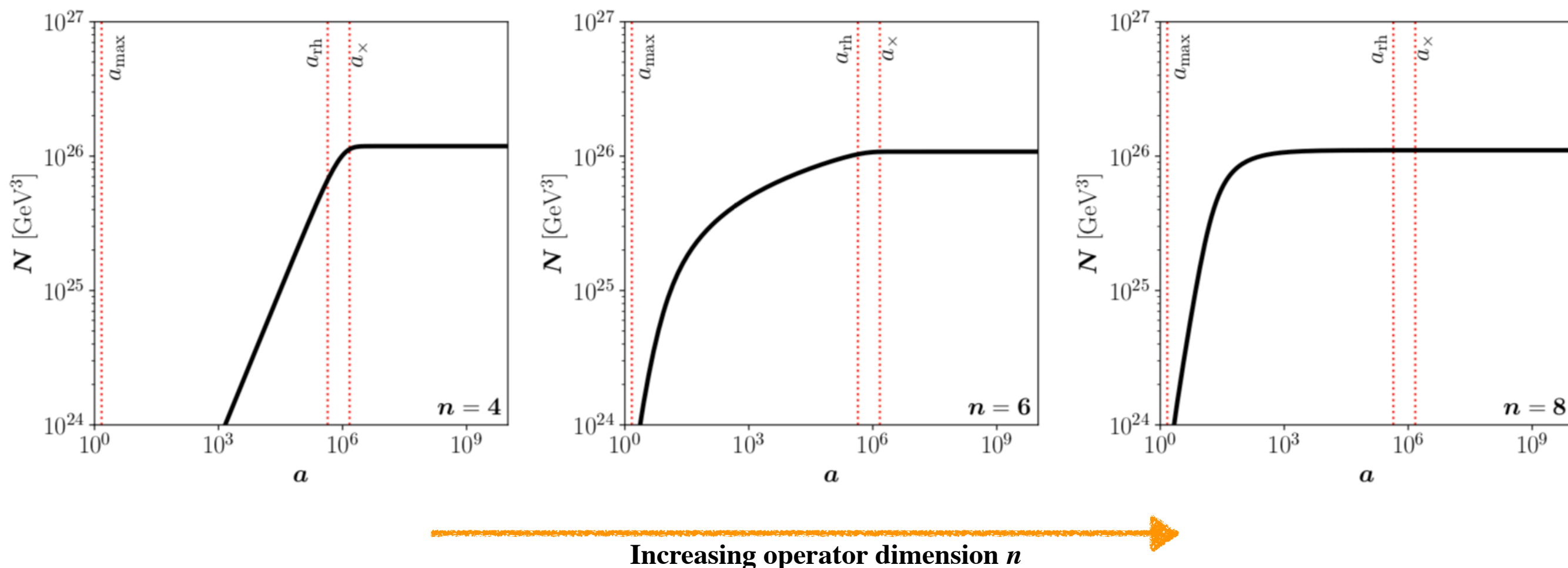
$$Y \sim \int_0^{T_{\text{RH}}} \frac{M_{\text{Pl}} T^n}{\Lambda^{n+2}} \sim \frac{M_{\text{Pl}} T_{\text{RH}}^{n+1}}{\Lambda^{n+2}}.$$

$T_{\text{RH}}$  is reheat temperature assuming instantaneous decay of inflaton.

Assuming universe **initially matter dominated** before reheating then **for  $n > 6$**  then DM abundance **enhanced** relative to sudden decay approx.

Garcia, Mambrini, Olive, Peloso, [1709.01549].

# Changing operator dimension



For increasing operator dimension the production becomes **more UV dominated**.

Bernal, Elahi, Maldonado, & JU [1909.07992]

# Transition from non-standard cosmology

If the early universe is dominated by field  $\phi$  with **equation of state  $\omega$**

And the state  $\phi$  is **decaying** to Standard Model radiation then the evolution follows

$$\frac{d\rho_\phi}{dt} + 3(1 + \omega) H \rho_\phi = -\Gamma_\phi \rho_\phi \qquad \frac{d\rho_R}{dt} + 4 H \rho_R = +\Gamma_\phi \rho_\phi$$

It follows the **energy densities evolve** as

$$\rho_\phi(a) = \rho_\phi(a_{\text{in}}) \left[ \frac{a_{\text{in}}}{a} \right]^{3(1+\omega)} = 3 M_{\text{Pl}}^2 H_{\text{in}}^2 \left[ \frac{a_{\text{in}}}{a} \right]^{3(1+\omega)}$$

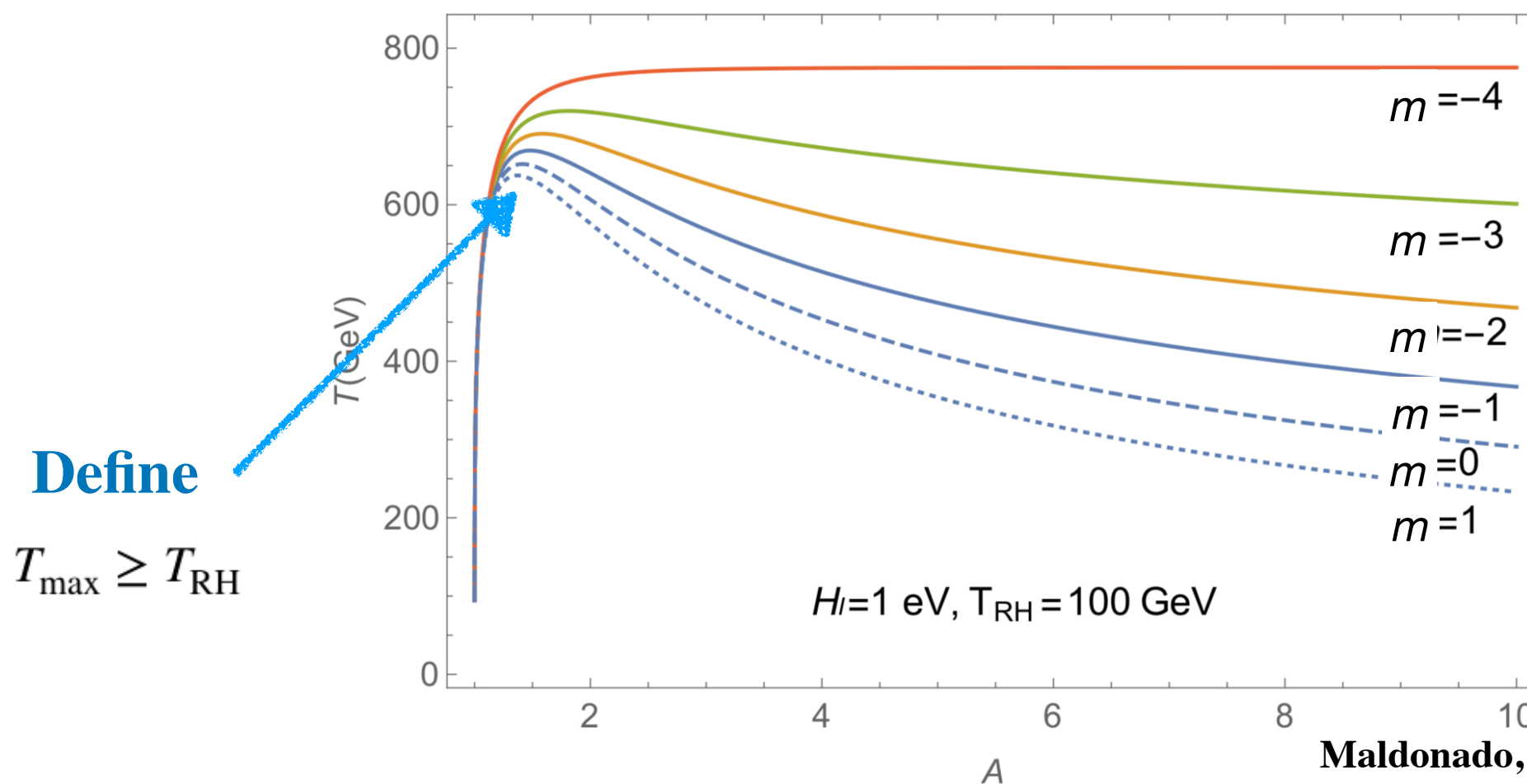
$$\rho_R(a) = \frac{6}{5 - 3\omega} M_{\text{Pl}}^2 H_{\text{in}} \Gamma_\phi \frac{a_{\text{in}}^{\frac{3}{2}(1+\omega)}}{a^4} \left[ a^{\frac{5-3\omega}{2}} - a_{\text{in}}^{\frac{5-3\omega}{2}} \right]$$

where  $a = a_{\text{in}}$  is the scale factor at some arbitrary initial point, we take the initial condition  $\rho_R(a_{\text{in}}) = 0$  and thus  $H_{\text{in}} \equiv H(a_{\text{in}}) = \sqrt{\rho_\phi(a_{\text{in}})/(3M_{\text{Pl}}^2)}$ .

# Transition from non-standard cosmology

The **temperature**, related via  $\rho_R = \frac{\pi^2 g_*(T)}{30} T^4$ , evolves according to

$$T = \left( \frac{45}{4\pi^3} \frac{g_*(T_{\text{RH}})}{g_*^2(T)} \right)^{1/8} (H_I M_{\text{Pl}} T_{\text{RH}}^2)^{1/4} \left( \frac{A^{-(2+m/2)} - A^{-4}}{2 - m/2} \right)^{-4} \quad \text{where } A \equiv \frac{a}{a_I} = a T_{\text{RH}}$$



$$\rho_\phi(t) = \rho_\phi(t_I) a^{a+m}$$

Maldonado, & JU [1902.10746]



# Dark Matter and Non-Standard Cosmology

This change in cosmological evolution **impacts the dark matter**.

The comoving number density  $N \equiv n \times a^3$  evolving according to

$$\frac{dN}{da} = -\frac{\langle\sigma v\rangle}{a^4 H} (N^2 - N_{\text{eq}}^2)$$

Implying at temperature  $T$

$$N(T) = \frac{8 \zeta(3)^2 g^2}{3\pi^4 (n - n_c)(1 + \omega)} \left[ \frac{a_{\text{RH}}^{3+\omega}}{a_{\text{in}}^{1+\omega}} \right]^{\frac{3}{2}} \frac{T_{\text{RH}}^{4\frac{3+\omega}{1+\omega}}}{\Lambda^{n+2} H_{\text{in}}} [T_{\text{max}}^{n-n_c} - T^{n-n_c}]$$

with  $n_c \equiv 2 \times \left( \frac{3 - \omega}{1 + \omega} \right)$

This can be **converted into a yield**  $Y(T) = \frac{N(T)}{s(T) a^3}$

And integrating to the ‘end’ of  $\phi$  decays give the **relic abundance**

$$Y(T_{\text{RH}}) \sim \frac{1}{(n - n_c)(1 + \omega)} \frac{M_{\text{Pl}} T_{\text{RH}}^{\frac{7-\omega}{1+\omega}}}{\Lambda^{n+2}} [T_{\text{max}}^{n-n_c} - T_{\text{RH}}^{n-n_c}]$$

# Enhancements during UV Freeze-in

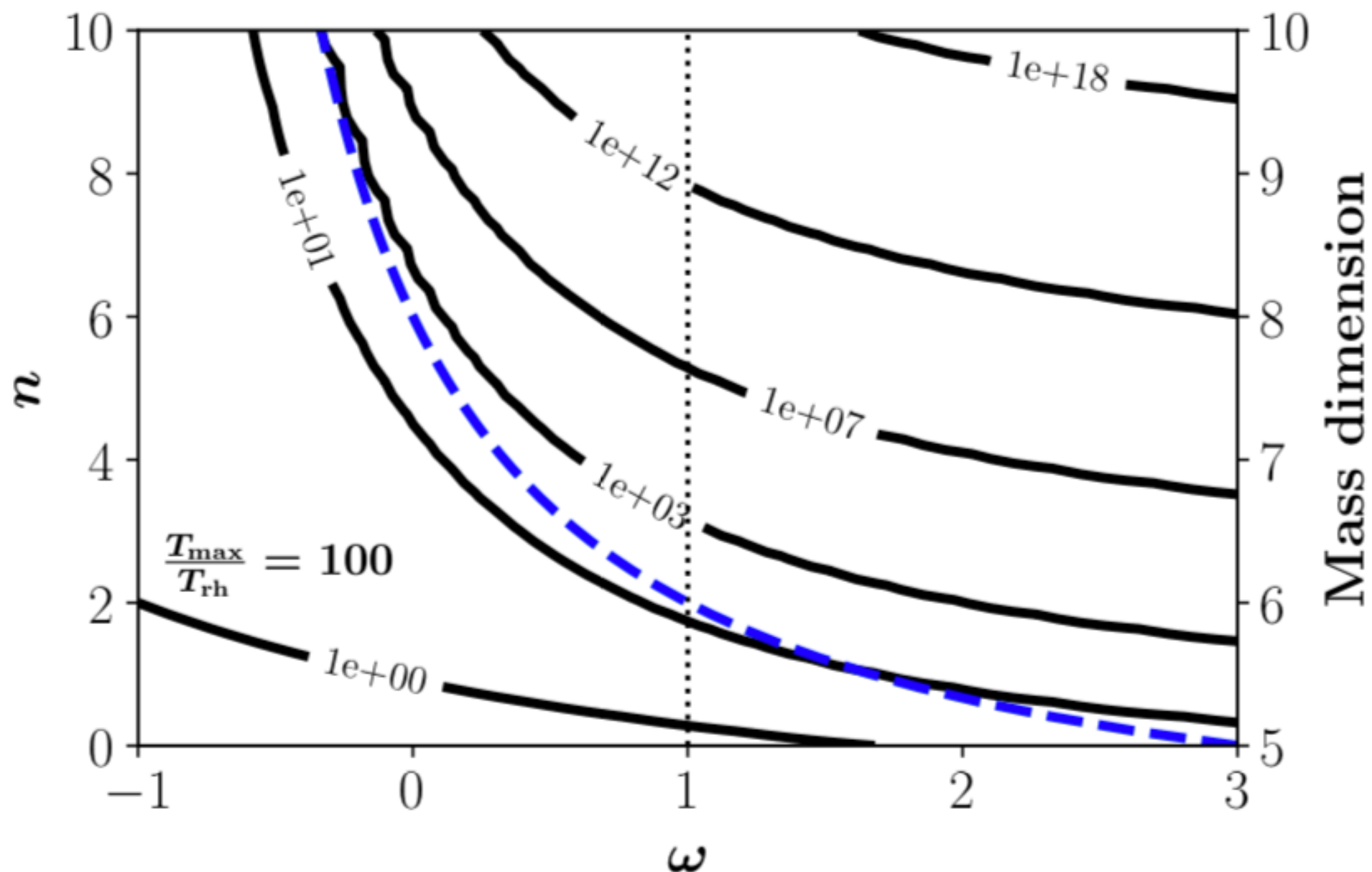
For a **fixed**  $\omega$  then there is a boost relative to sudden decay approx

$$B \simeq \begin{cases} \frac{1}{3} \frac{(1+n)(2+n_c)}{n_c-n} & \text{for } n < n_c, \\ \frac{(1+n)(2+n)}{3} \ln \frac{T_{\max}}{T_{\text{RH}}} & \text{for } n = n_c, \\ \frac{1}{3} \frac{(1+n)(2+n_c)}{n-n_c} \left[ \frac{T_{\max}}{T_{\text{RH}}} \right]^{n-n_c} & \text{for } n > n_c. \end{cases} \quad \text{Critical value: } n_c \equiv 2 \times \left( \frac{3-\omega}{1+\omega} \right)$$

Recast as a **fixed operator dimension**  $n$  (varying  $\omega$ ) the boost is

$$B \simeq \begin{cases} \frac{1}{3} \frac{7-\omega_c}{\omega_c-\omega} & \text{for } \omega < \omega_c, \\ \frac{8}{3} \frac{7-\omega}{(1+\omega)^2} \ln \frac{T_{\max}}{T_{\text{RH}}} & \text{for } \omega = \omega_c, \\ \frac{1}{3} \frac{7-\omega_c}{\omega-\omega_c} \left[ \frac{T_{\max}}{T_{\text{RH}}} \right]^{\frac{8(\omega-\omega_c)}{(1+\omega)(1+\omega_c)}} & \text{for } \omega > \omega_c, \end{cases} \quad \text{Critical value: } \omega_c \equiv \frac{6-n}{2+n}$$

# Boosting to large abundance



**Useful** for motivated dark matter candidates which are **underproduced**.  
For example gravitino dark matter in high scale supersymmetry scenarios.

Bernal, Elahi, Maldonado, & JU [1909.07992]

# Conclusion

- **Cosmological events** and can drastically alter expectations for DM.
- Dilution permit correct relic density for **heavier DM** or **smaller couplings**.
- This can **revive the Higgs portal** (and other excluded classic models).
- Conversely, **underproduced DM** can be enhanced via reheating effects.
- Non standard cosmology occurs in many **motivated BSM scenarios**.

**Thank you.**